



# TEMPUS

---

A Nu Yu Concept



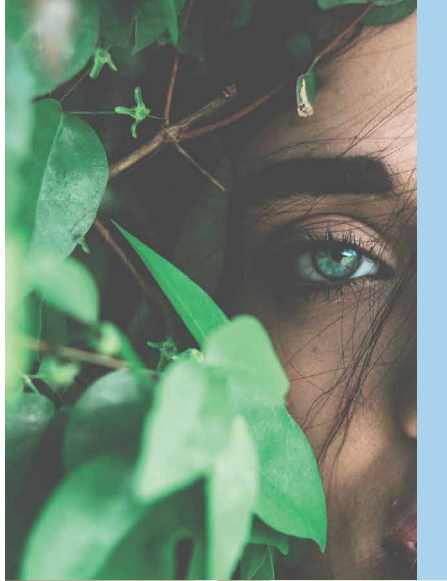
# Welcome to Tempus Belgravia

Welcome to Tempus | A Nu Yu Concept for the next generation in aesthetic and wellness treatments at our first UK flagship clinic in London's prestigious Belgravia, Knightsbridge.

Tempus was founded to provide a holistic approach to whole body self-improvement – face, body and mind. We bring to you the most advanced technologies and leading global experts in aesthetics and wellbeing to help you look and feel your very best!

Experience exclusive anti-aging, face and body treatments and holistic wellness. All treatment plans are tailored to your individual needs, our aesthetic and medical programmes are designed to give you a healthy youthful glow from the outside in, to ensure you leave us feeling rejuvenated and replenished, and ultimately like a 'Nu Yu'.

Tempus means 'Time' in Latin. When you visit us, we dedicate time to understanding your individual needs in a relaxed environment. During consultation we will also explain the best safe and effective treatment options for you and create a bespoke care plan that delivers beautiful, long lasting results.



## Our Promise to You

As a team of global experts, we believe passionately in the importance of providing exceptional holistic whole-body patient centred care. You can be assured that with Tempus, our reputable and knowledgeable team will dedicate the time needed to listen, understand, and provide you with the highest levels of care. You are truly safe in our hands and have a plethora of services that will meet your every need from gut health, weight loss, body contouring, plastic surgery, to aesthetic facials.



# MEDICAL AESTHETICS

## Injectables

Anti-wrinkle 1 Area	£ 295
Anti-wrinkle 2 Areas	£ 395
Anti-wrinkle 3 Areas	£ 495
Small Area <small>(Frown lines/crow's feet/gummy smile)</small>	from £ 150
Brow Lift	from £ 400
Masseter/Jawline	from £ 400
Nefertiti - Neck Lift	from £ 495
Hyperhidrosis <small>(Excessive sweating)</small>	from £ 500

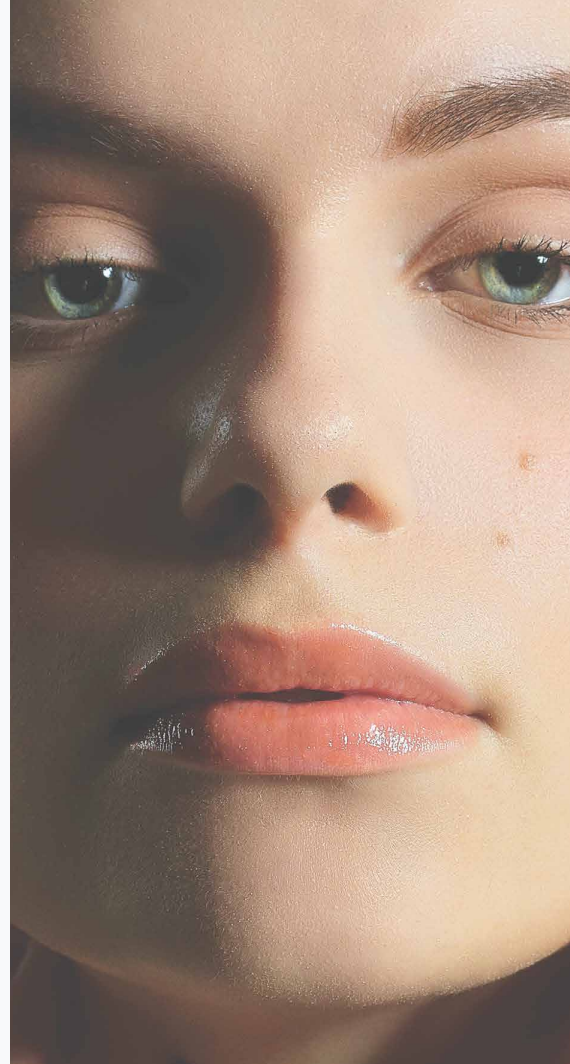
## Fillers, Skin Boosts & Hydration

Lip Enhancement	from £ 450
Nose Re-shaping	from £ 600
Temple Filler	from £ 450
Cheek Enhancement Brow Lift	from £ 450
Chin Enhancement	from £ 450
Nasolabial Lines <small>(Nose to mouth)</small>	from £ 450
Marionette Lines	from £ 450
Tear Trough <small>(Under eye dark circles)</small>	from £ 600
Profililo	from £ 450
Profililo Body	£ 700
Skin Boosters	from £ 450
Hand Rejuvenation	from £ 450
Hyalase <small>(Filler dissolve treatment)</small>	from £ 350

Our Doctors use the following brands:  
Restylane, Stylage Vivacy, Juvéderm, Azzalure®,  
Bocouture®, Botox®

## Threads

Silhouette Soft® - Per thread	from £ 400
-------------------------------	------------





# SURGICAL SERVICES

## Minor Surgery

Mole Removal Face	from £ 595
Mole Removal Body	from £ 495
Skin Tag Removal	from £ 200
Keloid Scar Removal	from £ 550
Split Earlobe Repair 1 Ear	from £ 800
Split Earlobe Repair 2 Ears	from £ 1400
Steroid Injection	from £ 150
Scar Revision – Face	from £ 1000
Scar Revision – Body	from £ 1200
Histology	POC

## Surgical Consultations

Surgical Consultation	£ 250
-----------------------	-------

Our Plastic Surgeons offer a full range of procedures including breast augmentation, reduction, uplift, implant removal and exchange, liposuction, body lift, facelift, neck lift and blepharoplasty. The procedures are conducted at our plastic surgeon's surgery of choice, offsite. Surgical consultations and post op follow ups are conducted at Tempus.



# DERMATOLOGY

Consultation	£ 250
Review	£ 150
Roaccutane Appointment <small>(Inc bloods, pregnancy test, results analysis)</small>	£ 500
Cryotherapy	from £ 175
Controlled Depth TCA Pee	from £ 1000
Shave Excision	from £ 350
Milia Extraction	from £ 175







# FACIAL AESTHETICS

Skin Assessment Consultation	£ 50	Aquagold® Full face	£ 350
Tempus Bespoke Facial	£ 350	Aquagold® Full face Firming	£ 450
HydraFacial Bespoke	£ 250	Aquagold® Full face with Skin booster & Firming	£ 550
HydraFacial + Perk <small>(Eye &amp; lip treatment)</small>	£ 300	Dermapen® Micro-needling – Face	£ 350
Julia Hunter Facial & Peel	£ 250	Dermalux LED - Single treatment	£ 80
PRX-T33 Peel/ Skin Peels	£ 250	IPL Redness/Pigmentation Full face	£ 350
Focus Dual HIFU Full face & neck	£ 1499	Fotona 3D Rejuvenation Full face	£ 300
Focus Dual RF Micro-needling Full face and neck	£ 750	Fotona 4D Full face	£ 500
Dermaplaning	£ 250	Fotona Lip Lase	£ 150
Exosomes Growth Factors Full face	£ 500	Fotona Eye Lase	£ 150
Mesotherapy Brightening Full face	£ 350	Vascular Laser	from £ 350
Mesotherapy Radiance Full face	£ 350	Fractional Laser Full face	£ 500
Mesotherapy Lifting Full face	£ 350		
Mesotherapy Eyes	£ 200		
Cryopen	from £ 150		
PRP Vampire Facial <small>(Platelet Rich Plasma)</small>	£ 600		
PRP Hair Loss Therapy	£ 600		

Book a course of 3 facial treatments to receive 10% off or course of 6 treatments for 20% off the package cost



# BODY TREATMENTS

## Body Contouring & Resurfacing

Body Assessment Consultation	£ 50
EMSculpt Neo - Course of 4 sessions	£ 2995
Dermapen® Micro-needling –Single area	£ 400
Dermapen® Micro-needling – Double area	£ 500
HIFU Body	from £ 350
RF Microneedling Body	from £ 250
Velashape/Onda/ Waves21 – 1 area	£ 350
Velashape/Onda /Waves21– 2 areas	£ 560
Velashape/Onda – Chin treatment (Submental)	£ 400
Non Surgical BBL (Sculptra/Lanluma) per vial	from £ 450
Profilho Body	from £ 700

Book a course of 4 body treatments to receive 10% off or  
course of 6 treatments for 20% off the package cost.

# NUTRITION

Gabriella Peacock (GP) Nutrition  
Initial Consultation\* £ 270

Gabriella Peacock (GP) Nutrition  
Follow up Consultation £ 140

PK Health with Dr Shideh Pouria  
Initial Consultation\* £ 600

\*does not include blood tests and lab results





# LASER HAIR REMOVAL

## Womens Hair Removal – Single Treatment

Resurfacing

Upperlip/Chin/Ears/Stomach/ Decolletage/Areola	£ 100
Hairline/Sideburns/Underarm/ Bikini/Half leg (Lower)	£ 120
Jawline/Neck/Hollywood/Brazilian bikini/Half arm/Half legs (Thighs)	£ 150
Full face/Full arm	£ 200
Full leg	£ 250
Full body	£ 800

## Mens Hair Removal – Single Treatment

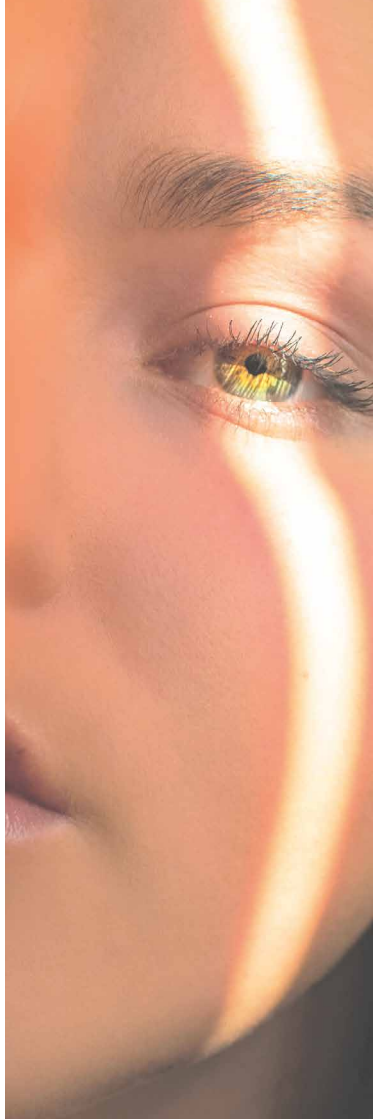
Neck/Ears/Eyebrows	£ 100
Back of Neck/Half leg lower	£ 120
Beard/Half leg (Thighs)	£ 150
Lower back/Under arms/ Half arm/Male bikini	£ 200
Shoulders/Chest/Stomach/Full arms/Full leg/Male Hollywood	£ 300
Back & shoulder/Buttocks	£ 400
Full Body	£ 800









# IV INFUSIONS

Revita Base	£ 150
Pre- Workout Endurance	£ 240
Post-Workout Muscle Repair & Replenishment	£ 240
Energy Booster	£ 290
Skin Brightening <small>(Course recommended, also requires bloods. Price does not include these fees)</small>	£ 250
Skin, Hair & Nails	£ 350
Anti-Aging	£ 370
Relax & Restore	£ 370
Immuno Support	£ 370
Diet & Detox <small>(Fat burning)</small>	£ 400
Glutathione add on <small>(Course of 3 £250)</small>	£ 90
Biotin Injection <small>(Course of 3 £190)</small>	£ 70
B5 & B6 combined injection <small>(Course of 3 £250)</small>	£ 90
B12 injection <small>(Course of 3 £190)</small>	£ 70
Trio – B5, B6 & B12	£ 100
Fat Burner shot	£ 100





## Contact us

-  [www.tempusbelgravia.co.uk](http://www.tempusbelgravia.co.uk)
-  [info@tempusbelgravia.co.uk](mailto:info@tempusbelgravia.co.uk)
-  +44 20 8037 3265
-  11A West Halkin Street, SW1X 8JL